

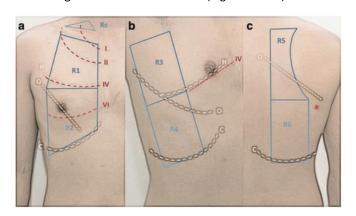
# Diagnosis of COVID-19 by lung ultrasound using SONON

### Clinical characteristics of COVID-19

- The most common symptom: fever, dry cough, myalgia, dyspnea.
- Pneumonia has been the most common clinical presentation.
- As lung abnormalities may develop before clinical manifestations and nucleic acid detection, experts have recommended early imaging exam of screening suspected patients.
- Complications: ARDS, acute kidney damage, heart damage, liver failure, pneumothorax.

## Technique of lung scan

- Probe: convex (for assess pleura), Linear or phased (for lung window).
  (Turn off the imaging filter such as compounding or harmonic filter, as it is important to check the imaging artifact).
- Positon: supine or reclined position (anterior lung), prone or sitting position (posterior lung). (patient arms abducted as needed, lateral decubitus for full examination)
- Transducer in longitudinal orientation and intercostal space (marker: cephalic position).
- Must be taken to keep the probe **perpendicular** to the chest wall during scanning.
- Scanning sectors: total 12 sectors (Right and Left).





SONONs are now used for monitoring and screening suspected/confirmed COVID-19 cases at hospitals in Daegu, Korea and Wuhan, China.

# Advantages of handheld ultrasound on COVID-19

#### Minimization of infection

Smaller area of contact with patients and easy to sterilize.

### Reproducible and fast diagnosis

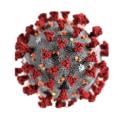
Allow a first screening and discriminate low-risk patients from higher risk patients.

#### **Bed-side** evaluation

Allow save time and easy to carry around.



Highly contagious COVID-19



#### **Good accuracy**

Similar to chest CT and superior to CXR for evaluation of pneumonia and ARDS.

#### Easy to learn

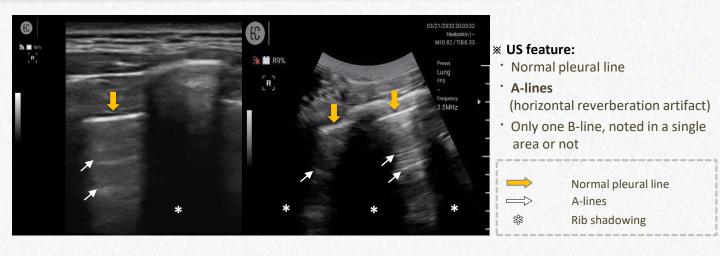
Allow doctors with no experience to accurately diagnosis pneumonia.

#### Widely available

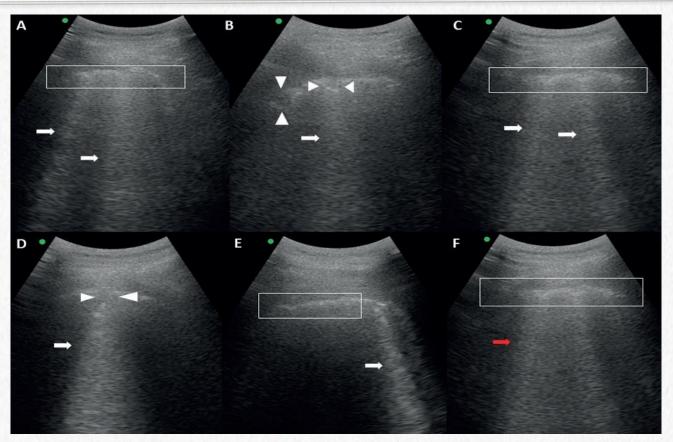
Suitable for diagnosis and management of complications.

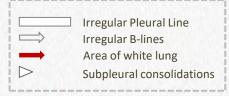


## **US image of normal lung**



# US image of COVID-19 pneumonia





### **\* US feature:**

- Thickening of the pleural line with irregularity
- focal, multifocal and confluent **B-lines** (interstitial syndrome pattern)
- Subpleural considerations
- \* mostly located in the posterior fields of both lungs

#### Reference

- 1) K. DE GAETANO DONATI4, F. FRANCESCHI3, PoiFrancis Chun Yue Lee, Lung ultrasound-a primary survey of the acutely dyspneic patient, *Journal of Intensive Care* 4, Article number: 57 (2016)
- D. BUONSENSO1,2, A. PIANO3, F. RAFFAELLI2,4, N. BONADIA3, point-of-Care Lung Ultrasound findings in novel coronavirus disease-19 pnemoniae: a case report and potential applications during COVID-19 outbreak, European Review for Medical and Pharmacological Sciences, 2020;24:2776-2780

